

## The Burst of Mitochondrial Diseases: Neurons and Calcium

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In the last decade there has been a tremendous burst of publications on mitochondrial diseases. In the past 5 years alone more than 5,000 articles have appeared on this subject [Figure 1]. We would like to restrict this review to two aspects: mitochondrial diseases of the nervous system, and their connection to intracellular calcium. Most of the diseases are due to neuronal cell death and are related to mitochondria and calcium dysregulation [1]. In some cases faulty intracellular regulation of calcium is the primary cause of cell death, but in others is secondary to genetic defects. We will focus on five diseases; two of them are fairly common: Parkinson's disease and Alzheimer's disease, while the other three are quite rare: Huntington's disease, Leber's hereditary optic neuropathy, and amyotrophic lateral sclerosis.

$\text{Ca}^{2+}$  ions are of great importance in the normal function of the nervous system. They are involved in a large number of important cellular processes such as transmitter release [2,3], action potential conduction [4], and gene expression [3]. Large increases in the free intracellular calcium concentration ( $[\text{Ca}^{2+}]_{\text{in}}$ ) cause cell death (apoptosis) [1]. There is a large number of cellular organelles that control  $[\text{Ca}^{2+}]_{\text{in}}$  [for review see ref. 5]. These include, among others, the surface membrane [6,7], endoplasmic reticulum [8], nucleus [8], and secretory vesicles [9]. Of special importance in the context of

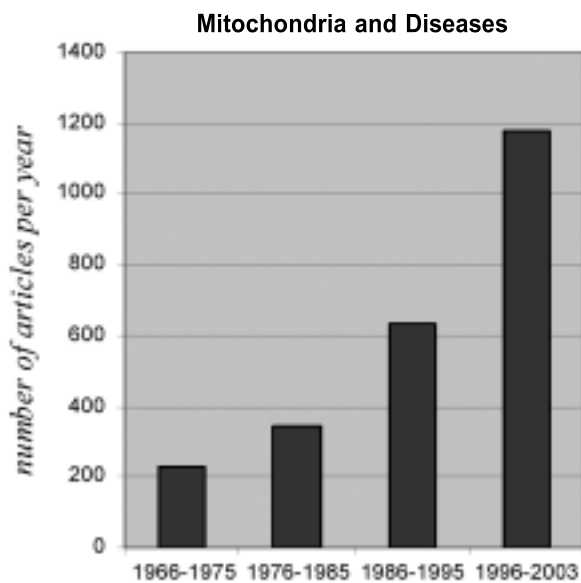
this review is the regulation of intracellular calcium by the mitochondria. This was suggested more than 30 years ago [10], including their involvement in the function of the nervous system, by one of us [2,11]. However, this notion was not immediately accepted and only in the past decade has the basic importance of the mitochondrion in regulation of the intracellular calcium and neuronal function been shown [12].

Mitochondria are also involved in the generation of ATP [13], in intermediary metabolism, in building and recycling molecular building blocks [6], in protecting the cells from oxidative stress

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*The mitochondrion is an extremely versatile organelle with vital roles for cell function and survival. Any damage can result in cell dysfunction or a degenerative disorder. Identifying the cause of mitochondrial dysfunction may get us closer to understanding the pathogenesis and eventually to a rational treatment.*

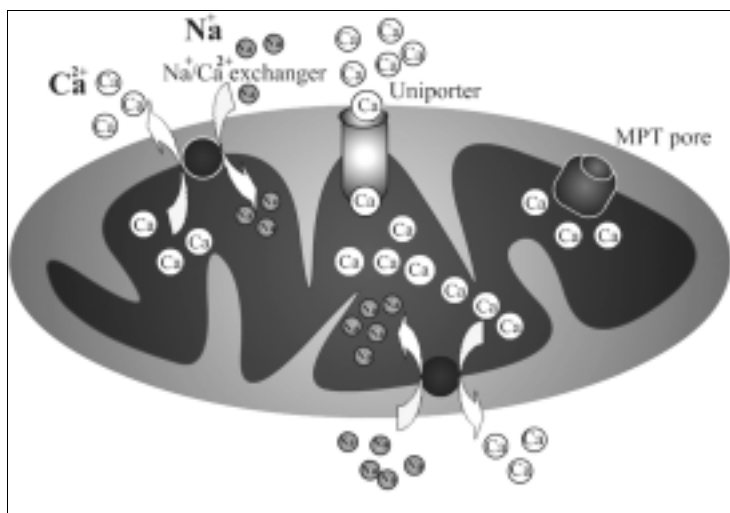
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**Figure 1.** Graph showing the tremendous increase in recent years of the number of articles published on mitochondria and their involvement in various diseases.

[14], and in production of reactive oxygen species [14]. The ATP molecules, generated by mitochondria, play two roles: ATP is a high energy molecule that participates in a large number of cellular processes. In addition, ATP stored in synaptic vesicles is released upon nerve stimulation and is considered to be one of the important elements of purinergic transmission [15].

Mitochondria may be involved in calcium metabolism in two different ways. First, mitochondria can take up calcium by an energy-dependent process and thus reduce  $[\text{Ca}^{2+}]_{\text{in}}$ . Second, mitochondria can release their calcium content upon appropriate stimulation. These calcium-regulatory processes occur via a specific transporter, the sodium-calcium exchange [Figure 2], and via channels that permit the flow of calcium ions through the mitochondrial membranes. We show in this review that both these functions are involved in a number of mitochondrial diseases of the nervous system. Impaired mitochondrial function causes an increase in  $[\text{Ca}^{2+}]_{\text{in}}$  and quite frequently cell death (for detailed review of the role of mitochondria in apoptosis see ref. 16). Several toxins [17–19] exert their role by affecting the calcium metabolism of the mitochondria. For instance, manganese ( $\text{Mn}^{2+}$ ) shares the uniport-mechanism of mitochondrial  $\text{Ca}^{2+}$  influx [Figure 2] and, when in excess, was found to be toxic to neurons of the globus pallidus, leading to a Parkinson-like syndrome [19].



**Figure 2.** Schematic view of the different stages of mitochondrial calcium handling. Calcium ions enter the mitochondria through the uniporter and can exit the mitochondria through a  $\text{Na}^+/\text{Ca}^{2+}$  exchanger and the mitochondrial permeability transition (MPT) pore. Various factors, including high mitochondrial  $\text{Ca}^{2+}$  and mitochondrial depolarization, trigger MPT pore opening, whereas the opposite conditions stabilize it in the closed state. Prolonged opening of this pore has been associated with the release of apoptotic factors and cell death.

### Huntington's disease

One of the diseases where a clear connection has been established between mitochondria, calcium and neurodegeneration is Huntington. This is a dominant autosomal neurodegenerative disorder showing an expansion of a CAG-trinucleotide repeat in the first exon of the HD gene [20]. This expansion induces formation of a mutant HD protein (huntingtin<sub>m</sub>). It has been shown [21] that mitochondria from patients with HD have lower membrane potentials and depolarize at a lower calcium load than mitochondria from controls. These changes were found in liver and in brain mitochondria and were suggested to associate with direct interaction of huntingtin<sub>m</sub> with the mitochondrial membrane [21]. Moreover, incubating normal mitochondria with the fusion protein containing abnormally long polyglutamine repeats, as it appears in huntingtin<sub>m</sub>, induces the mitochondrial calcium defect observed in human patients and in transgenic animals with HD [20]. It was shown that huntingtin<sub>m</sub> causes an increased sensitivity of the  $\text{IP}_3$ -receptor to  $\text{IP}_3$ -mediated  $\text{Ca}^{2+}$  signaling in neurons by binding to the neuronal isoform of  $\text{IP}_3$ -receptor [22]. Hence, it appears that neuronal cell loss found in HD is the result of huntingtin<sub>m</sub>, which causes an increased calcium release from  $\text{IP}_3$ -receptor that might be responsible for apoptosis of specific neurons containing relevant  $\text{IP}_3$ -receptor isoform.

### Leber's hereditary optic neuropathy

While the mutation leading to HD is found in nuclear DNA, there are also neuropathies associated with mutations in mitochondrial DNA. Mitochondria are the only cellular organelles known to have

their own DNA. It has been shown that mtDNA undergoes mutations at a rate five to ten times faster than nuclear DNA [23] and mitochondrial ability to repair mutations is very low. One of the mitochondrial mutation diseases is LHON. This condition, described in 1871 by the German ophthalmologist Theodore Leber, is characterized by a bilateral degeneration of the optic nerves with an incidence of 1 in 25,000 [24]. This maternally inherited mitochondrial disease is due to one of three mitochondrial DNA point mutations (G3460A, G11778A, T14484C) that affect different subunits of complex I [25] [Figure 3], which is of key importance for normal mitochondrial function. LHON accounts for about 3% of cases of blindness in young adult males. Pathologic studies have shown degeneration of both the ganglion cell layer and the optic nerve without any signs of inflammation [26]. In addition, there is marked degeneration of the lateral geniculate nucleus. Electron microscopy shows swollen ganglion cells containing both swollen mitochondria and  $\text{Ca}^{2+}$ -filled double-membrane-bound structures, most probably damaged mitochondria [26]. The molecular mechanism responsible for the increased accumulation of calcium in mitochondria is not yet known. Cells from LHON patients are especially sensitive to oxidative stress. Depletion of  $\text{Ca}^{2+}$

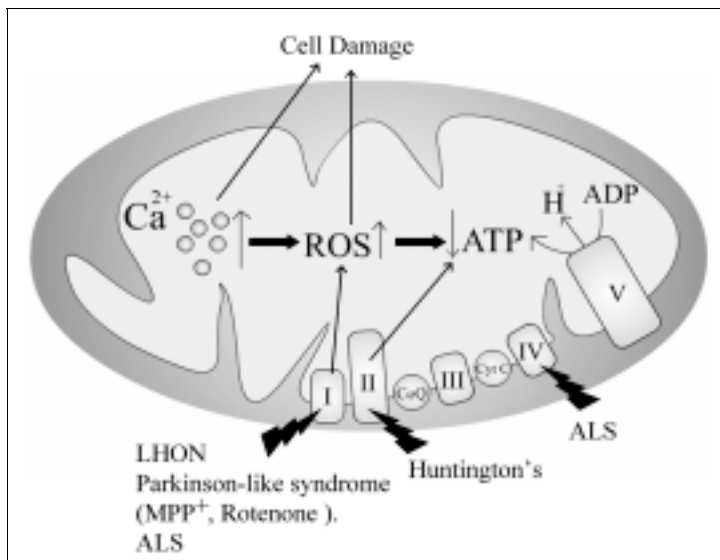
from the medium protects those cells from oxidative stress *in vitro*. Indirect evidence suggested that the defect is in the mitochondrial permeability transition pore [Figure 2]. This pore is known to be inhibited by cyclosporin A, and treatment of LHON cells with cyclosporin A significantly rescued them from oxidative damage [27].

### Parkinson's disease

PD is a chronic progressive disease and its main symptoms are tremor, rigidity, bradykinesia, and a characteristic disturbance of gait and posture due to selective degeneration of nigro-striatal dopamine neurons [28]. There is strong evidence suggesting the involvement of mitochondria and impaired calcium metabolism in PD. It has been observed that in PD there are dysfunctional mitochondria with reduced activities of complex I and of NADH cytochrome c reductase in neurons from substantia nigra [28]. Complex I is part of the mitochondrial energy-producing apparatus – the electron transport chain. It was found that toxic substances such as MPTP (1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine – a by-product of a synthetic heroin) cause Parkinson-like symptoms [17] [Figure 3]. MPTP undergoes oxidation, leading to 1-methyl-4-phenylpyridinium-cation ( $\text{MPP}^+$ ).  $\text{MPP}^+$  causes inhibition of mitochondrial complex I [29] that, in turn, causes excessive generation of ROS, which are known to be toxic to many cells [30]. Calcium ions play an important role in ROS generation [30]. Dysfunctional mitochondria in PD cells fail to regulate  $[\text{Ca}^{2+}]_{\text{in}}$ . Increased calcium levels can stimulate ROS production [30] [Figure 3]. MPTP is not the only toxic substance that affects the mitochondria and calcium metabolism. Rotenone [18] and manganese [19] also affect

HD = Huntington's disease  
mtDNA = mitochondrial DNA  
LHON = Leber's hereditary optic neuropathy

PD = Parkinson's disease  
ROS = reactive oxygen species



**Figure 3.** Summary of events associated with mitochondrial impairment, which eventually cause cell damage and neurodegeneration. Different neurologic disorders can be associated with the defect in the mitochondrial electron transport chain (Complexes I-V) from both genetic (mutations in the complex proteins) and toxic (Rotenone,  $MPP^+$ ) origin. Dysfunction in electron transport chain causes an elevation in the damaging by-products production (ROS?) and inadequate supply of energy to the cell (ATP?). Calcium ions are important regulators of mitochondrial function, hence calcium dysregulation can also cause oxidative stress and decreased ATP supply. The consequences of calcium dysregulation and oxidative stress are usually cell damage and eventually cell death.

mitochondria and neuronal function and produce Parkinson-like symptoms. Important components of Lewy bodies, inclusions found in PD cells, are  $\alpha$ -synuclein proteins [31]. These proteins were shown to have a  $Ca^{2+}$  binding domain, which ties the Lewy bodies with calcium metabolism in the affected neurons [32]. PD is one of the more common neurodegenerative diseases in which there is a clear link between mitochondria, calcium and pathophysiologic manifestations.

### Alzheimer's disease

AD is a common, progressive neurodegenerative disease, characterized by selective neuronal loss in discrete regions of the brain. In addition, there is accumulation of intraneuronal and extracellular fibrils, neurofibrillary tangles and senile plaques [33]. Cell death in AD is presumed to be apoptotic in nature and most likely results from mitochondrial dysfunction [34]. Defects in calcium metabolism and in ROS generation were implicated in the pathophysiology of AD [34]. Fibroblast mitochondria isolated from AD patients take up less  $Ca^{2+}$  compared to normal controls and they sequester more  $Ca^{2+}$  following oxidative stress [35]. It was shown [36] that pyramidal hippocampal neurons, which are affected in AD, show increased levels of mtDNA and proteins in the cytoplasm and in lysosomes – suggested in previous studies to be the site of mitochondrial degradation by autophagy.

AD = Alzheimer's disease  
ALS = amyotrophic lateral sclerosis  
SOD = superoxide dismutase

### Amyotrophic lateral sclerosis

ALS is an age-dependent neurodegenerative disorder. The neurons that suffer the most in this disorder are large neurons in the cerebral cortex, brain stem, and motor neurons in the spinal cord [37], leading to progressive paralysis and death within 3–5 years. Electron microscopy studies have shown bizarre giant mitochondria and intramitochondrial paracrystalline inclusions [38]. Studies have shown that brain tissue of patients with ALS suffer from a damaging effect of ROS [39], which might be due to mutations in the superoxide dismutase gene in familial ALS. The normal function of SOD1 is to eliminate superoxide anion radicals and hydrogen peroxide and to protect the cell from oxidative damage [40]. In sporadic ALS, decreased activity of complexes I and IV was observed [Figure 3]. In addition, motor nerve terminals from ALS specimens contain significantly increased intracellular calcium levels, which probably result from a defect in glutamate transport [40]. As previously described,  $[Ca^{2+}]_{in}$  elevation also contributes to ROS production by mitochondria and to increased motor neuron toxicity. To summarize the cascade of damaging events: mutations in SOD1 (or in other defense processes against oxidative damage) cause intracellular oxidative stress that can damage mitochondrial and cellular membranes; thus causing disruption of calcium homeostasis and glutamate transport, hence increasing the sensitivity of motor neurons to excitotoxicity

### Conclusions

In addition to being the cellular powerhouse, mitochondria are important  $Ca^{2+}$  regulators. Malfunction of the mitochondria can lead to various neurodegenerative diseases, all showing signs of impaired  $Ca^{2+}$  homeostasis. Better understanding of these processes might be the first step towards finding a possible cure for these diseases.

In summary, it seems that in many neurologic disorders – of both genetic and toxic origin – mitochondrial disruption leads to an altered calcium metabolism and thus to cell death. This raises the possibility that various protective agents, such as antioxidants, that improve mitochondrial function efficiency, may be of benefit in high risk individuals.

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